

### Wood Grilled

Brushed with herb vinaigrette, Cajun spices or Chettinad spice, and seared over a hot fire. Served with a choice of two sides, unless otherwise noted. Chinese fruit sauce, fragrant seafood sauce or spicy Shandong sauce are also available upon request.

Add a skewer of scallops or shrimp for \$5.50

- Wild Salmon 24.95
- Shrimp 19.95
- Sea Scallops 21.95
- Arctic Char 22.95
- Rainbow Trout 10 oz. 16.95
- Bluefish 15.95  
available baked with mustard sauce
- Tuna\* 22.50  
cooked medium rare
- Haddock 16.95
- Scallop Skewer 5.50
- Striped Bass 22.95
- Swordfish 25.95  
center prime cut
- Salmon Fillet\* 19.95
- Herbed Chicken 14.95
- Steak**  
served with a blue cheese, onion stuffed portobello and a choice of one side
- Sirloin 12 oz. 22.95
- Filet Mignon 8 oz. 24.95
- Shrimp Skewer 5.50

### Crispy Fried

Legal Sea Foods is committed to the health and well being of our guests; therefore, all of our seafood is fried in canola oil that is free of trans-fatty acids and cholesterol. Served with french fries and cole slaw.

- Shrimp 19.95
- Sea Scallops 21.95
- Grey Sole 17.95
- New England Clams  
whole-bellied, sweet & petite 18.95
- Haddock 16.95
- Fisherman's Platter  
shrimp, scallops, calamari, clams & scrod 23.50
- Fish & Chips  
dayboat cod and haddock served regular or spicy 13.95

### Legal Lobsters

Legal's lobsters come from several sources, including the rocky coast of Maine. Once caught, they are cared for under optimum conditions with natural sea salts, pure clean water, perfect temperature and lighting that replicates their natural habitat. Served with seasonal vegetables and choice of one side.

As an extra treat, your lobster can be stuffed with a shrimp and scallop buttery cracker stuffing and baked for only \$5.00 more!

- Steamed Lobster - 1.25-1.50 lb. 28.95
- Steamed Lobster - 1.50-1.75 lb. 34.95
- Steamed Lobster - 2.00-2.50 lb. 43.95
- Lobster Bake  
steamed 1-1.25 lb. lobster, steamers, mussels, corn, clam chowder and a choice of one side dish 32.95

The cooking of undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. More information about the safety of consuming raw food is available upon request.



*If it isn't fresh, it isn't Legal! \**

### FAX IN, TAKE OUT ORDER FORM

Fill in the Form and select items you would like with a number quantity. Be sure to select sides if included and beverages if desired.

\*Fax a copy of the front and back of the credit card the order is going to be charged to.

### Sandwiches

Served with French Fries and Cole Slaw or choice of any two sides.

- Oyster Po'Boy  
with spicy mayonnaise 11.95
- Fried Clam Roll  
whole-bellied New England clams 13.95
- Crabmeat Roll  
delicate Maine crabmeat on a warm buttery bun 13.95
- Maryland Style Lump Crab Cake  
on a bun with roasted red pepper sauce 13.95
- Grilled Shrimp BLT Wrap  
avocado, brown rice and chipotle mayonnaise 10.95
- Tuna Burger  
freshly ground tuna, chili paste, crumbs and spices 12.50
- Lobster Roll  
the meat equivalent to a 1 - 1¼ lb. lobster mixed with celerY, scallions and mayonnaise 18.95
- Tuna Salad Melt  
a roll-up with pecorino romano and provolone cheese 7.95

### Beverages

- Coke  Diet Coke or  Sprite 1.50
- Dasani Water 1.50
- IBC Root Beer or Diet IBC 2.50
- Nantucket Nectars 2.50

### Legal Lunch

- Falafel Salmon\*  
with a chick pea crust served on hummus and cucumber yogurt sauce with a choice of one side 14.95
- Shrimp and Garlic  
sautéed with tomato and mushrooms tossed with linguini 12.95
- Fried Fish & Chips  
dayboat cod and haddock served  regular or  spicy with cole slaw 13.95
- Baked Boston Scrod  
topped with crumbs and tomatoes, served with a choice of one side 12.95
- Wood Grilled Swordfish & Shrimp Combo  
brushed with herb vinaigrette or Cajun spices and served with a choice of one side 14.95
- Fried Popcorn Shrimp  
with french fries and cole slaw 11.95

Scallops and Mushrooms with Bow Tie Pasta in a mushroom cream sauce 14.50

Rasam Seafood Soup  
a health-giving, Ayurvedic Southern Indian cuisine of shrimp, scallops and scrod in a hot and sour tomato broth served with jasmine rice 14.50

Seafood Gumbo  
shrimp, scallops, scrod and andouille sausage in a spicy broth with jasmine rice 11.95

Portuguese Fisherman's Stew  
scrod, mussels, clams and chourico in a saffron tomato broth 13.95

Jasmine Special  
steamed shrimp and broccoli over jasmine rice with melted Monterey Jack cheese 10.95

Vegetarian Box (vegan friendly)  
Asian flavored stir-fried vegetables layered with Thai red curry coconut sauce, cashews, tofu and brown rice 16.50  
*with*  Shrimp or  Scallops 20.95  
(contains nuts)

Phone: 617-864-3400

Fax: 617-864-1704

Please note: If you have specific dietary requirements, allergies or preferences, there is a list of ingredients available. Please ask your server for details.

Fill Form, Print, & Fax:

(617) 864-1704:

Please Write Clearly

Please Place order minimum one hour before delivery time.

Person Placing Order:

Primary Contact Phone Number:

Alternate Contact Phone Number:

EMail Address:

Are there any Dietary Restrictions? (circle one)  
Yes No

If Yes, Please Explain:

Delivery or Pickup? (circle one)  
Delivery requires a \$50.00 minimum. An additional 18% delivery charge will be added for gratuity.

If Delivery, Please specify delivery address:  
(Delivery area may vary. Call for details.)

Street:

City:

State:

Zip:

Date of Delivery:

Time of Delivery:

Comments: